





July 25, 2011

The Update is a bi-weekly web newsletter published by the Iowa Department of Public Health's Bureau of Family Health. It is posted the second and fourth week of every month, and provides useful job resource information for departmental health care professionals, information on training opportunities, intradepartmental reports and meetings, and additional information pertinent to health care professionals.

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# 2010 Disease Report Issued by IDPH

The Iowa Department of Public Health (IDPH) has issued the 2010 Iowa Surveillance of Notifiable and Other Diseases Report. The annual report provides a yearly snapshot of what, how, and when events impact the public's health.

In 2010, more than 60,000 reports of infectious disease were submitted to the IDPH disease surveillance programs. IDPH also investigates conditions related to lead, occupational, and environmental hazards like carbon monoxide. In 2010, the number of vaccine-preventable diseases decreased compared to the three-year average, however, the number of mumps and pertussis cases increased. Compared to the three-year average, mumps had a 73 percent increase and pertussis cases increased by 229 percent.

"There were 705 reported cases of pertussis or whooping cough last year," said IDPH Medical Director, Dr. Patricia Quinlisk. "The actual number of cases is probably much higher since most adults with pertussis typically do not seek medical care and therefore are not diagnosed. Most adults haven't had a pertussis vaccination since childhood, so they probably have very little or no immunity left to pertussis. When they get the disease, they often just have a cough that lasts a long time; thus, they spread the disease to others without knowing they are spreading whooping cough. The good news is that today there is a pertussis booster vaccine that adults can get."

Other significant elements of the 2010 report include an increase in enteric or diarrheal diseases, which are typically associated with undercooked or contaminated food. Among the rare and unusual diseases reported in Iowa in 2010 was Hansen's disease (Leprosy); one case was reported in a 40 year old male. There was one case of Toxic Shock Syndrome, which occurred in a 19-year-old female and there was one case of tetanus reported in a 7-year-old boy.

For the complete IDPH 2010 Iowa Surveillance of Notifiable and Other Diseases Report, visit <a href="www.idph.state.ia.us/Cade/Default.aspx">www.idph.state.ia.us/Cade/Default.aspx</a> under the "Reports" tab.

Contact Information: Polly Carver-Kimm at (515) 281-6693

# 2011 Education Conference Child and Adolescent

Child and Adolescent Mental Health

The 2011 Education
Conference will be held Friday,
September 23 at 2117 Medical
Education and Research
Facility in Iowa City.

The pediatric education conference is by members of the faculty of the Department of Pediatrics at the University of Iowa Carver College of Medicine as well as by selected guest faculty.

The program is designed to provide pediatricians, family physicians, nurses and other child health care providers with an overview of recent developments in areas of current interest, concern and controversy. The 2011 conference will focus on child and adolescent mental health issues relevant for the general pediatrician, family practitioner and other health care professionals who work with children and adolescents.

For more details and registration information about the 2011 Education Conference, go to pages 5-8 of **The UPdate**.

# 2011 Iowa Annual Family Planning Conference



# Calendar

September 8, 2011 MCH Advisory Council Meeting, 1-3 p.m., Iowa Lutheran Hospital, Conference Room 1

\*October 5-6, 2011
Fall Seminar
Gateway Hotel and Conference Center, Ames

\* Required meeting

# AUGUST Contract Required Due Dates

- 1 MH presumptive eligibility/informing care coordination claims for services through 06/30/11
- 1 Electronic expenditure workbooks
- 30 Export WHIS records to IDPH



Bureau of Family Health: 1-800-383-3826

Teen Line: 1-800-443-8336

Healthy Families Line: 1-800-369-2229

FAX: 515-242-6013

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Area code is 515







# 2011 EDUCATION CONFERENCE

# CHILD AND ADOLESCENT MENTAL HEALTH



Friday, September 23, 2011

#### **LOCATION:**

Urmila Sahai Seminar Room Sahai Medical Education Center 2117 Medical Education and Research Facility Iowa City, IA



University of Iowa Children's Hospital Department of Pediatrics Roy J. and Lucille A. Carver College of Medicine

#### In cooperation with:

American Academy of Pediatrics, Iowa Chapter



# PROGRAM SCHEDULE

Friday, September 23, 2011

Urmila Sahai Seminar Room, Sahai Medical Education Center 2117 Medical Education and Research Facility

8:00 a.m. Continental Breakfast

8:25 Welcome by Thomas Scholz, MD, Interim Department Head

#### Moderators: Royann Mraz, MD, and Deb Waldron, MD

8:30 Linda Miller

Status and Future of Mental Health Reform in Iowa

9:00 Keynote Speaker

Jose Belardo, JD, MSW, MS

The Social Determinants of Mental Health

10:00 Break

10:15 Ken Cheyne, MD

Talking to Teens: Screening for Risks and Strengths

11:00 Parent Panel

Parent Voice

11:45-1:00 Lunch — MERF Atrium

AAP Lunch Meeting, 1117 MERF

Special Guest: Michael Severson, MD, FAAP

Update from National AAP

.5 AMA PRA Category 1 Credits™

1:00 Grand Rounds

Tracy Moran, PhD

"Doctor, There's a Baby on Your Couch": Understanding the Scope of Infant Mental Health and Related Parental Psychosocial

Factors

2:00 Jennifer McWilliams, MD

Collaberating Beteewn Psychiarty and Pediatrics: Working

Together to Bridge the Gap

3:00 Break

3:15 Royann Marz, MD

Development and Autism Screening

4:15 Closing Remarks and Adjourn

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

# **GENERAL INFORMATION**

#### **Course Description**

The Pediatric Education Conference is presented by members of the faculty of the Department of Pediatrics at the University of Iowa Carver College of Medicine as well as by selected guest faculty. The program is designed to provide pediatricians, family physicians, nurses, and other child health care providers with an overview of recent developments in areas of current interest, concern and controversy. The 2011 conference will focus on Child and Adolescent Mental Health issues relevant for the general pediatrician, family practitioner and other healthcare professionals who work with children and adolescents.

#### **Objectives**

Upon completion of the course, participants should be able to:

- 1. Act as a first resource for children and families with mental health concerns.
- 2. Discuss the scope and impact of children's mental health problems.
- 3. Use standardized tools for mental health, developmental and autism screening.
- 4. Screen, evaluate, and treat adolescents for mental health needs.
- Listen firsthand about the challenges faced by families of children with mental health problems.
- 6. Evaluate and initiate treatment for urgent mental health problems in children and adolescents, including psychopharmacology.
- 7. Screen and address parental depression.
- 8. Recognize the consequences of parental mental health on young children's development and well-being.
- 9. Discuss mental health initiatives in Iowa and the U.S.
- 10. List mental health resources in Iowa.

#### **Registration Fees**

The registration fee for the conference is \$170. The fee includes breaks, continental breakfast, luncheon, syllabus, parking and the processing of continuing education credits. Nurses and other health professionals may register for \$70. Residents and fellows from other institutions may register for \$25 upon presentation of a letter of introduction from their chief of staff. Full time Carver College of Medicine faculty, non-salaried clinical faculty, residents, fellows and medical students attend the conference for free but must register and pay \$10 if they wish to receive lunch and conference materials.

#### **REFUNDS**

While registration is open until the start of the meeting, we encourage early registration to enable us to provide the best possible service to participants. A conference refund is available minus a \$25 cancellation fee, up to one week prior to the conference. No refunds will be allowed after Friday, September 16, 2011.

#### **Conference Location**

The conference will be held in the Urmila Sahai Seminar Room, Sahai Medical Education Center, Room 2117 Medical Education and Research Facility at the University of Iowa, Iowa City, Iowa.

#### **Accommodations**

Participants are responsible for making their own hotel reservations and may do so by contacting the Iowa City/Coralville Convention and Visitors Bureau at (800) 283-6592 or any hotel in the Iowa City area including: hotelVetro (downtown) (319) 337-4961; the Sheraton Iowa City Hotel (downtown): (319) 337-4058; the Coralville Marriott Hotel & Conference Center: (319) 688-4000; the Holiday Inn (Coralville): (319) 351-5049. Please mention you are attending a University of Iowa event to inquire if there is a special university rate.

#### **Emergency Calls**

You may be reached by calling the hospital operator at (319) 356-1616 and asking for pager 3772. Please have the caller identify the conference you are attending.

#### **Parking**

Parking is available in the Newton Road Parking Ramp across the street from the conference location. A parking pass will be included with registration materials for paid participants only. University of Iowa faculty and staff will not receive a parking pass.

#### Credit

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Family Physician: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Nurse: This program is offered in cooperation with the University of Iowa College of Nursing, an Iowa Board of Nursing approved provider, number 1. Full time attendance will award 7.2 contact hours. Program number 11 266 93 has been assigned.

All registered attendees will receive certificates of participation.

The University of lowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at (319) 335-8599.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

## UNIVERSITY OF IOWA CHILDREN'S HOSPITAL 2011 EDUCATION CONFERENCE REGISTRATION FORM FRIDAY, SEPTEMBER 23, 2011

Please Print Clearly:

Name					
Address					
City, Sta	te, ZIP				
Degree					
Professio	on/Specialty				
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Email					
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Signatu	re			Exp Date	
3-Digit	Security Code on b	ack			
	rays to register: : University of Iow	Mail, Phone, Fax			

# **GUEST PRESENTERS/FACULTY**

#### **Linda Miller**

Iowa State Representative, 82<sup>nd</sup> District Des Moines, IA

#### Captain Jose Belardo, JD, MSW, MS

Regional Health Administrator, Region VII U.S. Department of Health & Human Services U.S. Department of Labor Occupational Safety & Health Administration Kansas City, MO

#### Ken Cheyne, MD

President, American Academy of Pediatrics, Iowa Chapter Medical Director, Blank Children's Hospital Adolescent Medicine Specialist Des Moines, IA

#### Michael Severson, MD, FAAP

American Academy of Pediatrics, District VI Chair Shakopee, MN

#### Tracy Moran, PhD

Assistant Professor, Erikson Institute Child Clinical Psychologist Chicago, IL

## **UI FACULTY**

## Jennifer McWilliams, MD

Clinical Assistant Professor Child and Adolescent Psychiatry

## Royann Mraz, MD

Clinical Associate Professor of Pediatrics Division of Neurology, Development and Behavior

The University of Iowa requests this information for the purpose of processing your registration. No persons outside the University of Iowa are routinely provided this information.

## **Program Planning Committee**

Royann Mraz, MD, Pediatric Neurology, Development & Behavior, Committee Chair

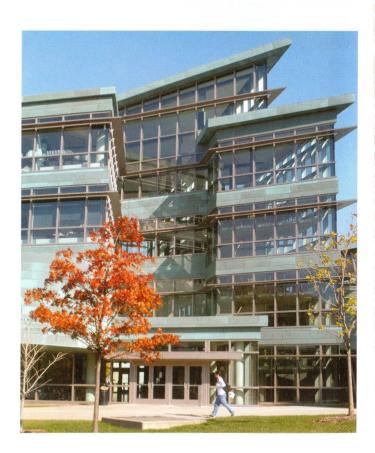
Eva Tsalikian, MD, Pediatric Endocrinology

Stacy McConkey, MD, General Pediatrics & Adolescent Medicine

Deb Waldron, MD, MPH, General Pediatrics & Adolescent Medicine

Ken Cheyne, MD, President, American Academy of Pediatrics, Iowa Chapter

Donna Wong-Gibbons, PhD, Executive Director, American Academy of Pediatrics, Iowa Chapter



For additional information on this program and other upcoming CME events at the UI Carver College of Medicine, please visit http://www.medicine.uiowa.edu/cme/.





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Continuing Medical Education Division
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**2011** Child and Mental Health Conference September 23, 2011